



## A dental plan to smile about

[welcometouhc.com/dentalppo20](https://welcometouhc.com/dentalppo20)

Toll-Free **1-888-679-8925** Habla Español? Podemos ayudar.

**United  
Healthcare**

# Helping you save money and keep your teeth and gums healthier

## You have choices

When you choose a dentist from the plan's large national network, you may receive discounted rates only available to members.

- Save when you use a provider in our network
- You don't need a referral to see a specialist
- Preventive care is covered 100% in our network
- Get coverage on hundreds of services

Visit [welcometouhc.com/dentalppo20](https://welcometouhc.com/dentalppo20) to find network providers and learn more.

## More help to stay healthier

### Oral cancer screenings

With our dental plan, adults get oral cancer screenings as part of the preventive care benefit.

### Extra care during pregnancy

We cover extra dental visits during pregnancy and the first 3 months after birth.\*



## Your teeth affect your health

Gum disease is a painless disease that causes bacteria and toxins to enter your blood, which may also be connected to:<sup>1</sup>

- ✓ Diabetes
- ✓ Heart disease
- ✓ Pregnancy complications
- ✓ Respiratory conditions
- ✓ Rheumatoid arthritis



## Paying for dental care

Review your dental plan documents to view specific coverage and cost details.

### 1 Deductible

The amount you need to pay before your plan starts to pay for covered services. You'll pay for all dental services until you meet your deductible.

The deductible is not required for preventive care services received in the network.

### 2 Coinsurance

After you reach the deductible, you will share the cost of covered services with the plan. You will only pay a percentage of the cost.

### 3 Annual maximum

This is the most the dental plan will pay for covered services in the plan year. Once the plan pays this amount, the plan will no longer help pay for services.

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