



Now included in your health plan:

**A first-rate second opinion**

*You're on assignment with your family in a distant country and your wife has just been told she has breast cancer.*

.....

*The doctor in your new country says you need back surgery. The procedure seems necessary, but has a long recovery period.*

.....

*Your daughter has just been diagnosed with a heart condition. You're thinking of taking her home for treatment.*

Let's say you're on assignment and you or someone in your family has been given a medical diagnosis that's troubling. Or one of you has been told you need surgery or treatment, and it raises questions and concerns.

Here's comforting news: Your Aetna International health plan now enables you to get a second opinion for some conditions and treatments at no additional cost.

This second opinion will be provided by a world-renown specialist at one of the Partners HealthCare network of U.S. hospitals, all of which are affiliated with Harvard Medical School. Specialists will review situations like these:

- You've been diagnosed with a life-changing illness
- You may need significant surgery
- A treatment regimen has been suggested that may have serious side-effects

## How to request a second opinion

In most cases, getting a second opinion starts with you making a phone call. So if you think you qualify for one, contact our International Health Advisory Team (IHAT). You can reach them by calling the number for Member Services on the back of your Aetna ID card.

If a second opinion is approved, IHAT will often facilitate everything. This includes working with Partners HealthCare to make sure the appropriate medical records, tests and images are sent to the U.S. hospital. There, once all records and images are received, a doctor will evaluate the case and provide treatment recommendations, usually within two weeks.

A second opinion could lead to more peace of mind and confidence when discussing your condition and care options with your doctor

The Harvard-affiliated Partners HealthCare network of U.S. hospitals that provide our second opinions:

- Brigham and Women's Hospital
- Massachusetts General Hospital
- Dana-Farber Cancer Institute
- Massachusetts Eye and Ear Infirmary
- McLean Hospital
- Spaulding Rehabilitation Hospital

## Aetna International

We're working to help you *get* healthy, and *stay* as healthy as possible

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